

PATIENT INFORMATION

Our Fax: 403.668.4257

Place patient label here

Date of Request D/M/Y _____ Home Ph # _____ Other Ph # _____

Name _____ ☐ Female ☐ Male

Address _____ Date of Birth D/M/Y _____

City _____ Province _____ Postal Code _____ PHN _____

HISTORY AND PRESUMPTIVE DIAGNOSIS

☐ Relevant Imaging on Netcare

For Law Firms

☐ Medicolegal Independent Opinion

MSK REHAB / PHYSIOTHERAPY / STRENGTHENING

Private Specialist Clinical Consult

The most appropriate exam/procedure will be performed based on the history provided by the referring practitioner. Further exams/tests will be booked if indicated, following the initial consult.

Physician Initial _____

☐ Independent Second Opinion

IMAGE GUIDED PAIN THERAPY

☐ **MSK Botox** (Peri-Articular)

☐ **Sportvis** (For Tendinopathies)

☐ **Cortisone** (Intra-Articular)

☐ **Orthovisc** (Intra-Articular)

☐ **PRP** (Platelet Rich Plasma - Intra-Articular or MSK)

REFERRER INFORMATION

Fax Requisitions To: 403.668.4257

NAME _____

COPY TO _____

PHONE _____ FAX _____

ADDRESS _____

PRACTITIONER'S ID/STAMP

SIGNATURE _____

PATIENT INSTRUCTIONS

To Book an Appointment
RECEPTION@ELITESPORTPERFORMANCE.COM
PH: 403.879.8919

WE WILL CONTACT YOUR PATIENT TO SCHEDULE THEIR APPOINTMENT. PLEASE NOTE WE ARE A FEE FOR SERVICE CLINIC AND ARE NOT COVERED UNDER ALBERTA HEALTH CARE (AHC) UNLESS OTHERWISE INDICATED.

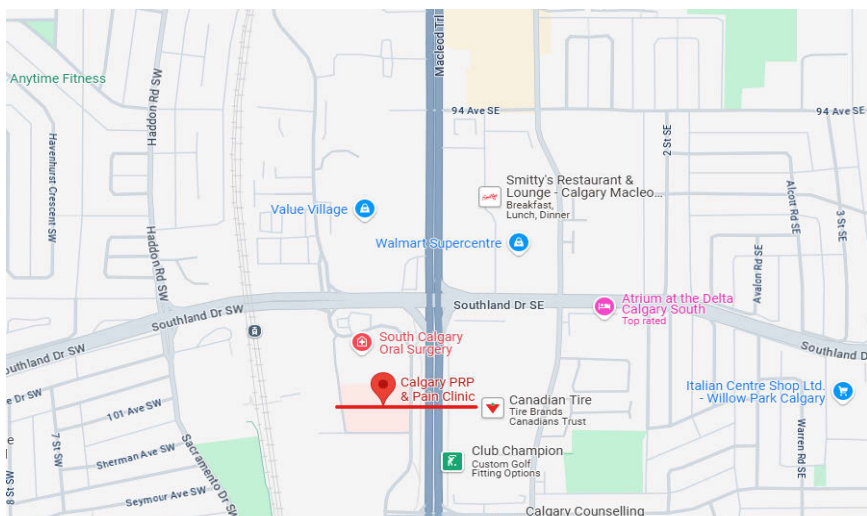
PREPARING FOR YOUR INJECTION APPOINTMENT

- NO anti-inflammatories should be taken for seven days (1 week) prior to and 14 days (2 weeks) after PRP injection. This includes: ibuprofen (Advil, Motrin), naproxen (Aleve), aspirin, diclofenac (Voltaren), celecoxib (Celebrex, arthritis pain formulas etc.). Please note that acetaminophen (Tylenol) is acceptable.
- Although we do not discourage flying locally, there should be NO international flying within 48 hours of receiving your injection.
- NO cortisone injections within 4 weeks of a scheduled injection.
- DIET:
 - The meal prior to your treatment should be low-fat as this improves the quality of Plasma collected from your blood sample.
 - Hydrate well prior to your treatment. Be sure to drink 2-3 cups of water, herbal tea or diluted juice prior to your appointment.

- These instructions are only applicable to PRP (Platlet Rich Plasma) injections. -

CORTISONE AND YOUR COVID-VACCINATION

Alberta Health Care (AHC) currently recommends scheduling your COVID-19 vaccine (or any other vaccine) at least 2 weeks prior to your cortisone injection and no sooner than one week after.



#535, 10333 - Southport RD SW
Calgary, AB T2W 3X6

We require 48 hours notice to
cancel or alter your appointment.
Short notice cancellations will be
subject to a charge of \$180.

CALGARYPRPCLINIC.COM