

PATIENT INFORMATION

Place patient label here

Date of Request D/M/Y _____ Home Ph # _____ Other Ph # _____

Name _____ ☐ Female ☐ Male

Address _____ Date of Birth D/M/Y _____

City _____ Province _____ Postal Code _____ PHN _____

HISTORY AND PRESUMPTIVE DIAGNOSIS

☐ Relevant Imaging on Netcare

☐ Telehealth Consult

For Law Firms

☐ Medicolegal Independent Opinion

MSK REHAB / PHYSIOTHERAPY / STRENGTHENING

MHBOT

Private Specialist Clinical Consult

The most appropriate exam/procedure will be performed based on the history provided by the referrer.
Further exams/tests will be booked if indicated, following the initial consult.

Physician Initial _____

☐ Independent Second Opinion

☐ Mild Hyperbaric Oxygen Therapy

IMAGE GUIDED PAIN THERAPY

☐ Viscosupplementation (Hyaluronic Acid)
(specify type) _____

☐ PRP (Platelet Rich Plasma)

☐ nSTRIDE

☐ Sportvis

☐ Cortisone (Non-Chondrotoxic)

☐ Baker's Cyst Aspiration

☐ Prolotherapy

☐ NT (Neural Therapy)

☐ NPT (Neural Prolotherapy)

☐ Tendon Fenestration

☐ Hydrodissection of Scars
(For Frozen Shoulder)

REFERRER INFORMATION

NAME _____

COPY TO _____

PHONE _____ FAX _____

ADDRESS _____

PRACTITIONERS ID/STAMP

SIGNATURE _____

PATIENT INSTRUCTIONS

To Book an Appointment
RECEPTION@CALGARYPRPCLINIC.COM
PH: 403.879.8919

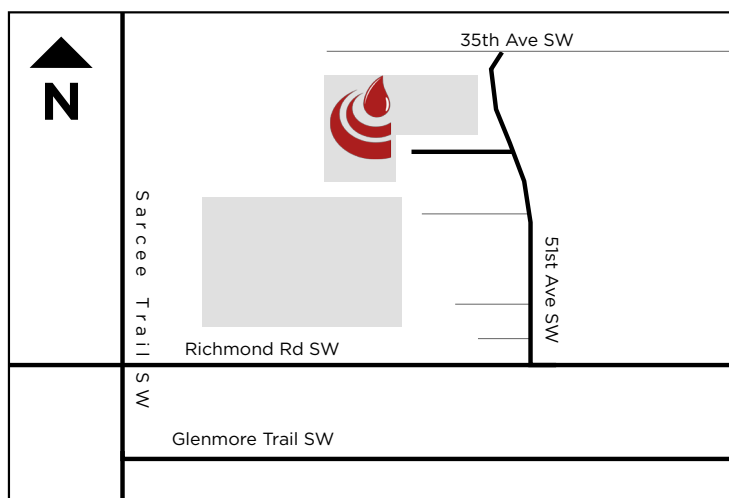
WE WILL CONTACT YOUR PATIENT TO SCHEDULE THEIR APPOINTMENT. PLEASE NOTE WE ARE A FEE FOR SERVICE CLINIC AND ARE NOT COVERED UNDER ALBERTA HEALTH CARE (AHC) UNLESS OTHERWISE INDICATED.

PREPARING FOR YOUR IMAGE-GUIDED INJECTION APPOINTMENT

- NO anti-inflammatories should be taken for seven days (1 week) prior to and 14 days (2 weeks) after injection. This includes: ibuprofen (Advil, Motrin), naproxen (Aleve), aspirin, diclofenac (Voltaren), celecoxib (Celebrex, arthritis pain formulas etc.). Please note that acetaminophen (Tylenol) is acceptable.
- Although we do not discourage flying locally, there should be NO international flying within 48 hours of receiving your injection.
- NO cortisone injections within 4 weeks of a scheduled injection.
- DIET:
 - The meal prior to your treatment should be low-fat as this improves the quality of Plasma collected from your blood sample.
 - Hydrate well prior to your treatment. Be sure to drink 2-3 cups of water, herbal tea or diluted juice prior to your appointment.
- Sub-patellar PRP or nStride injections require you to rest in the clinic for 60 minutes post injection, with your leg elevated - we recommend this as much as possible for the first 24 hours after treatment. Some people who receive a sub-patellar injection find crutches useful for the first one to two days after treatment.
- Depending on your treatment, you may need to coordinate a ride home by a family member or friend.
- These instructions are only applicable to PRP (Platlet Rich Plasma) injections.

CORTISONE AND YOUR COVID-VACCINATION

Alberta Health Care (AHC) currently recommends scheduling your COVID-19 vaccine at least 2 weeks prior to your cortisone injection and no sooner than one week after.



#132, 3715 - 51st Street SW
Calgary, AB T3E 6V2

**We require 48 hours notice to
cancel or alter your appointment.
Short notice cancellations will be
subject to a charge of \$180.**

CALGARYPRPCLINIC.COM